BUILDING BRIDGES
Campus Resources & Networking for Returning Adult Students

WELCOME!
Welcome to UW-Madison!

Ace Hilliard & Autumn Sanchez

With

Renee Schmitt
Moira Kelley
Char Braxton

Adult Career and Special Student Services (ACSSS)
Tonight’s Agenda

- Introductions
- Campus Overview
  - Health Services
  - Library Services
  - Writing Center
- Campus Resources
- Student Panel
  - Nicholas Jackson
  - Mia Greene
  - Chee Thao
Adult Career & Special Student Services (ACSSS)

- Housed within Division of Continuing Studies (DCS)
- Academic Dean and Admissions Office for University Special Students
- Educational planning and advising
- Career and educational counseling (Nondegree students and community adults)
  - Job search support group
  - Individual counseling appointments
  - Workshops and assessments
- Scholarships and grants for returning adult students
  - Continuing Education Grant OPEN NOW FOR SPRING’19!
  - Non Traditional Student Scholarship opens December 1st for 2019-2020 school year
Organizational Structure

UW-Madison is a LARGE, decentralized institution

- Consists of 13 Schools, Colleges, and Institutes such as Business, Engineering, Letters and Science, etc.
- Each School is made up of Departments: for example Letters and Science has Mathematics, English, Physics, etc.
- Education Options
  - 200+ undergraduate majors, 250+ master’s & doctoral programs.
  - Almost 9,199 credit and non credit courses offered

*TIP: You will sometimes need to work with multiple offices and departments. Your assigned advisor or Dean’s office is a great resource!*
Fast Facts

43,336 – Total students
  • 29,536 – Undergraduate
  • 9,193 – Graduate
  • 2,433 – Professional
  • 2,174 – Special students

21,752 – Total faculty & staff
  • 2,154 – Faculty
  • 4,992 – Graduate Assistants

435,196 – Total living alumni

http://www.wisc.edu/about/facts/
What does it mean to be a returning adult student at UW-Madison?

- 25+ years of age or significant break in education (5+ years)

How can you make the most of your UW-Madison experience?

- Share your experiences (work, family, professional, personal)
- Connect with faculty, advisors and students inside and outside the classroom
- Be confident in your ability to succeed
- Take advantage of this time at a world-renowned institution (Student organizations, campus events, facilities, resources)
Are you prepared for Fall semester?

- Activate your NetID using your campus ID number and birthdate
- View available classes using Course Search and Enroll Search
- Enroll in courses
  - Online demos and orientations available
- Print off your semester schedule
- Pick up your Wiscard
- Review Registrar website’s key deadlines for your specific student classification (Undergraduate, Graduate, Special)
MyUW - Student Center

Student Center
- View enrollment time
- Enroll, swap, drop courses
- Search for classes
- View/accept financial aid
- Update personal info
- Check for holds

WiscMail
- Web-based email system
- Activated when you activate NetID
- Official address for UW-Madison email
- Mail forwarding option

Campus Services
- Academic advising
- Campus news
- IT/technology requests (DoIT)
- Quick links

Resources
- Lynda.com
- Learn@UW (online courses/materials)
- Scholarships
- Scheduling assistant
- My Courses map
enroll.wisc.edu
Who should you contact for help?

- Problems with NetID or My UW: DoIT Help Desk, 264-4357
- General Enrollment: Registrar’s Enrollment Helpline, 262-0920, or check with advisor
- Tuition & Fees: Bursar’s Office, 262-3611
- Course Enrollment: Departments and/or instructors
  - Closed classes
  - Prerequisite(s) errors
  - Obtaining permission (if necessary)
Wiscard: Student ID card

Wiscard is your official UW-Madison student identification card
- Gives you access to libraries, recreation facilities, other services
- Can be a debit card to make purchases at over 60 locations
- Fast and convenient way to make purchases

Pick yours up the day after you enroll!
- Bring form of ID (driver’s license, passport, etc.)
- Location: Union South, Rm 149/1308 W Dayton St
- Check website for hours
What about Financial Assistance?

Scholarships@UW-Madison
- Explore eligibility for UW-Madison scholarships
  http://scholarships.wisc.edu/Scholarships/

Adult Career & Special Student Services Scholarships
- Returning adult, nontraditional, single parent, Continuing Education Grant
  https://acsss.wisc.edu/financing-your-education/

Child Care Tuition Assistance Program (CCTAP)
- Apply for child care expense assistance
  https://occfr.wisc.edu/financial-assistance/uw-madison-students/

Division of Student Life
- Explore eligibility for short term/crisis loans
  https://doso.students.wisc.edu/services/crisis-loan/

Office of Student Financial Aid
- FAFSA & other financial assistance
  http://finaid.wisc.edu

UW System Webpage
https://uwhelp.wisconsin.edu/pay-for-college/

Be sure to discuss with your advisor and program department about other opportunities!

Talk with your employer about reimbursement programs!
Campus Resources

Add app in My UW

View and explore academic resources

- Academic advising
- Learning support services
- Financial support
- GPA calculator
- Glossary
- Academic calendar
- And more!
Help is Available!

GUTS
Greater University Tutoring Services

DoIT
Division of Information Technology

Chemistry Learning Center

Writing Center

Veteran Student Services

McBurney Disability Resource Center

Math Tutorial Program

Campus Libraries
• Drop-In services
• Weekly tutoring
• Academic matching

• Group sessions
• Study skills
• Time management
Students

- How to Become a McBurney Client
- Prospective Student Information
- Fall 2017 McBurney Orientation and Service Training (MOST) Program for Freshmen and Parents and general MOST Schedule for 2017
- UW Housing Accommodations
- Resources for Undiagnosed Students
- Disability Documentation Policies
- Services
- Referrals to Non-McBurney Services
- Referrals for Students with Temporary Impairments
- Adaptive Fitness and Personal Training
- Scholarships
- View Your VISA
- Complete Online Notetaking Form
- Career Preparation for Students with Disabilities

- Notetaking services
- Document conversion
- Interpreting
- Test accommodations
- Lab assistance
- Listening devices
- And more!
Free training
Help desk services
Equipment rental
Computer labs
Free/discounted software
DoIT Tech stores
Virus protection
Get Out on Campus!

CAMPUS LIFE

With more than 43,000 students representing 50 states and 121 countries, our community is diverse, energetic, and constantly in motion. Jump around with 80,000 Badgers fans at Camp Randall Stadium and witness athletic feats from our 23 Big Ten varsity teams. Join one of the nearly 900 student organizations—or start a new one. Stroll down Madison’s vibrant State Street and experience the largest farmers’ market of its kind as you walk around Capitol Square. Relax over live music and a stunning sunset at the Memorial Union Terrace. Build a lifelong community of kinship and support.

As a Badger, opportunities match your boundless imagination.

www.wisc.edu/campus-life
Around Campus

• Campus buildings
  http://www.map.wisc.edu/buildings/

• Dining areas
  http://map.wisc.edu/s/dna0uzcn
  • Click “Dining”
  http://www.housing.wisc.edu/dining.htm

• Transportation
  • Parking
    https://transportation.wisc.edu/permits/student-parking/
    https://transportation.wisc.edu/campus-maps/
  • Bus routes
  • Biking options
Transportation Options

**Madison Metro Bus**
- Get your FREE pass at the Student Activity Center (333 East Campus Mall, Rm 3301)
- Must be enrolled and show WisCard to pick up
- Find routes on the City of Madison webpage.
  *Routes 80, 81, 82, and 84 are free and do not require a pass*

**Renting bicycles: “Bcycle”**
- $20.00 per year with UW email account
- Includes 30 minutes with unlimited trips
- 350 bikes at 35 stations in Madison
Student Services

Over 30+ Online links to student services located throughout campus!
https://www.wisc.edu/campus-life/student-services/
BUILDING BRIDGES:
Networking and Campus Resources for Returning Adult Students

Benjamin Heinrichs, MA, LPC
University Health Services
UW-Madison
Challenges Learners Face

• Varied life experiences
• Multiple obligations
• Maintaining balance
• Dealing with concerns about the future
• Attaining academic success
• Navigating the culture of alcohol and drug use
• Addressing mood and relationships
• Developing a healthy support system
National College Health Assessment Data
UW-Madison (Spring 2015)

Any time within the last 12 months:

- 89.9% reported they felt overwhelmed by all they had to do
- 85.1% reported they felt exhausted (not from physical activity)
- 63.8% reported they felt very sad
- 61.3% reported they felt very lonely

JED FOUNDATION DATA (2015):

- Suicide is the SECOND leading cause of death for college students
- Mental health issues are leading impediment to academic success
National College Health Assessment Data
UW-Madison (Spring 2015)

Any time within the last 12 months:

- 31% reported they felt so depressed that it was difficult to function
- 55.4% reported they felt overwhelming anxiety
- 7.7% reported they seriously considered suicide
  - 0.5 reported attempting suicide
Mental Health Services

- Individual & couple counseling
- Single Session
- Group counseling
- 24-hour crisis services
- Psychiatric services
- Let’s Talk/Drop-In
- Behavioral Health
- Survivor Services
- Alcohol and other drug assessments
- Eating assessments
- General assessment
- Care management
- Consultations for faculty/staff, students, & parents
- Wellness Evaluations
Other Services

- Stress management
- Sleep management
- Nutrition counseling
- Yoga
- SilverCloud

- Massage
- Acupuncture
- Meditation training
- Mindfulness training
- You@Wisc
Accessing Services

• How to access services:
  • Web-book phone appointments or call 608.265.5600, option #2
    • You may make the appointment at any time, appointment times available will be M-F, 9am-4pm

Where are we located?
333 E. Campus Mall
7th Floor
Accessing Services

• **What to expect:**

1. Web-book a phone appointment with an access specialist
2. Complete a brief form online about yourself and why you’re requesting a consultation.
3. Wait for an Access provider to call you at the designated time and complete a brief consultation on the phone.
4. The Access Specialist will listen to your concerns and discuss what resources might be most appropriate for you, whether at UHS or elsewhere in the community.
   • Budget about 20-25 minutes for the consultation
Individual Counseling Sessions

• **What to expect:**
  
  • If recommended during the Access consultation, you will have a “scheduled consultation”
  
  • 10 sessions/year and 20 sessions per academic degree
  
  • Sessions are 45 minutes long
  
  • Confidentiality is upheld with specific exceptions (i.e. imminent risk/safety concerns, child/elder abuse, etc.)
  
  • Students may switch provider if uncomfortable with assignment
  
  • Provider and student work together to identify goals for therapy, which they monitor, adjust, and/or modify as work proceeds
Campus Resources

University Health Services
265-5600
333 East Campus Mall
www.uhs.wisc.edu

UW-Madison Police
911 or 264-COPS
http://www.uwpd.wisc.edu/

Rape Crisis Center (24 hour crisis line)
251-7273
333 East Campus Mall, #7901
www.danecountyrcc.org

Dean of Students Office
263-5700
75 Bascom Hall
http://students.wisc.edu/
Welcome to UW-Madison Libraries!
Building Bridges Program

Rebecca Payne
Memorial Library
Campus Libraries

30 libraries across campus

Major libraries:
- College
- Memorial
- Steenbock

map.wisc.edu
Find Campus Libraries

library.wisc.edu/libraries/campus-libraries/
Study Rooms

Reserve online: studyrooms.library.wisc.edu
Open Book Café

- First Floor, College Library
- Study space
- Food & beverages from Wisconsin Union
- Popular fiction
- Books, magazines, movies, music, video games

library.wisc.edu/college/collections/open-book-collection/
Resources
Library Web Site: Find Books, Articles, & More

Access anytime, anywhere

library.wisc.edu
Library Catalog: Find Books & More

Search catalogs of UW-Madison & UW System
Place requests for items

Print & electronic books
Journals, magazines, newspapers
Recordings
DVDs
& more

library.wisc.edu/#catalog
Borrow & Renew Items

account.library.wisc.edu
Find Articles (Access with your NetID)

Articles Search

Search across some but not all databases

library.wisc.edu/#articles

Databases

Identify databases by subject or type of source
Short lists for Introductory & Top 10 Databases
Discover & search specific databases (1400+)

library.wisc.edu/#databases
Equipment Checkout

Check equipment availability online

**Equipment:** Laptops, still cameras, video cameras, projectors, iPads, game systems

ecs.library.wisc.edu
Services
Course Reserves & Materials

- Instructors select books, textbooks, articles, videos, etc. for use by students & libraries put them on ‘reserve’
- Physical materials at campus libraries listed on library web site
- Online content, or e-reserves (articles, book chapters, etc.) in Canvas course site

library.wisc.edu/services/course-reserves-materials
Interlibrary Loan & Document Delivery

- Access materials not currently available via UW-Madison or UW System
- Request electronic copies of articles or book chapters in print at UW-Madison

library.wisc.edu/services/borrow-renew-request/interlibrary-loan
Other Services

Computer Labs

Writing Tutors

DesignLab

guts
Greater University Tutoring Service
Help
Ask a Librarian

- Chat
- Call/Text
- Email
- In person
- Appointment

library.wisc.edu/help/ask
# Workshops, Classes & Tours

### Workshops, Classes & Events

**Library.wisc.edu/help/events**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Type</th>
<th>Location</th>
<th>Time</th>
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<tbody>
<tr>
<td>Wednesday, August 29, 2018</td>
<td>Steenbock Library Tour</td>
<td>Main entrance information desk, Steenbock Library</td>
<td>3:00 PM-4:00 PM</td>
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Research Guides

- Research resources and strategies curated by librarians
- Course Guides customized for courses & assignments
- Subject Guides focused on subjects, topics, and types of resources

researchguides.library.wisc.edu
Library Research Tutorials

- Videos & Tip sheets to
  - Get Started
  - Find Articles
  - Find Books
  - Evaluate Sources
  - Cite Sources

library.wisc.edu/help/research-tips-tricks
Contact

Rebecca Payne
Memorial Library
rebecca.payne@wisc.edu
608-262-2387
Leah Parker
Coordinator of Writing Center Outreach
lepope@wisc.edu
August 23, 2018
Accessible and Convenient!

ONE-ON-ONE CONSULTATION IN PERSON
• by appointment in the Main Center (6th floor, Helen C. White)
• SATELLITES: first-come, first-served drop-in hours at 7 satellite locations around campus

ONLINE WRITING CENTER
   EMAIL: Submit a draft online to receive comments within a day or two
   SKYPE: Live chat on Skype with an instructor (avail. 5 nights a week)

WORKSHOPS

Many resources! Many options!
• Writers benefit from talking about their writing with an attentive, engaged listener.
• Writers benefit from reading their writing aloud.
• Even (and especially) experienced writers use the Writing Center.
• Expectations for good writing change depending on the context.
• Writing is a process. “Good papers” don’t emerge overnight.
• There is no such thing as an “expert” writer!

Core Principles
Some Reasons to Use the Writing Center

• To get tips on writing in particular genres (lab/research reports, application essays, analytical papers, lit reviews)
• To brainstorm ideas for your project
• To workshop your thesis statement
• To build a more persuasive argument
• To work on structuring your ideas clearly
• To practice polishing your writing
• To discuss your professor/TA’s feedback and improve your writing for the next assignment
The First Appointment

1. Bring the assignment and/or instructions, your current draft, and any other materials you might have (notes, samples, etc.).

2. Think ahead about the one or two things that you most want feedback on.

3. Be prepared to talk through the assignment, read part or all of the draft out loud, and make plans for revisions and/or future appointments.
Online: writing.wisc.edu

Call: (608) 263-1992

Visit: 6171 Helen C. White

How to Make an Appointment
Online Writing Services

1. The Writer’s Handbook: writing.wisc.edu/handbook

2. Email an Instructor
   72-hour turn around
   Up to 10 pages in length

3. Online Conferences
   Monday–Thursday, 7–10 pm
   45-minute sessions
   Using Skype and Google Docs

4. Ask a Writing Consultant
ACADEMIC WRITING

- Five Secrets for Writing a Successful Undergraduate Lab Report (10/10, 11/16)
- Building Your Argument: Strategies for Writing Stronger Papers (10/10, 11/1)
- Writing In-Class Essay Exams that Impress (9/26, 12/4)
- Writing About Literature: How to Build an Engaging Interpretive Argument (9/27, 10/29)
- Taming Your Undergraduate Research Papers (10/17, 11/13)
- Read Like a Jedi: Five Effective Ways to Read Sources with Writing Your Research Papers (10/10, 11/20)

Workshops: Fall 2018
SUPPORTING YOUR WRITING PROCESS

- Think You’re a Bad Writer? Build Your Confidence and Learn How to Grow Your Writing Skills (10/11)
- Ways into Writing: Easy (and Fun) Strategies for Unleashing Your Ideas (10/3, 11/8)
- Using Email to Communicate Your Accessibility Needs with Professors (9/17)
- Undergraduate Writing Groups (Tuesdays, starting 9/25)
- Writer’s Retreats: Outdoor (9/28, 10/13) and Indoor (10/26, 10/30, 11/15, 12/1, 12/5)
- Grammar I: A Review of English Grammar (9/24, 10/19)
- Grammar II: Grammar and Editing for Style and Clarity (10/4, 11/6)
- PUNCTUATION! Punctuation? Punctuation. (10/26)
- Improving Style (Fridays 10/19–11/9, Tuesdays 11/6–11/27)

Workshops: Fall 2018
Online: writing.wisc.edu

Call: (608) 263-1992

Visit: 6171 Helen C. White

How to Make an Appointment
Meet your Peers!

• What prompted you to return to school?
• What are you studying and why?
• What are you most looking forward to?
• What are you anxious about?